Happy Heart Obedience Tracker (Weeks 1–4)

Name: _____

Goal: _____

Colossians 3:20 — "Children, obey your parents in everything, for this pleases the Lord."

The 3 Rules of Joyful Obedience: 1) **Right Away** • 2) **All the Way** • 3) **With a Happy Heart!**

COLOR A STAR OR ADD A STICKER EACH DAY!

WEEK & FOCUS HABIT	MON	TUE	WED	THU	FRI	SAT	SUN
Week 1: Listening Eyes & Ears							
Week 2: Answering "Yes, Mom/Dad!"							
Week 3: Obeying Without Grumbling							
Week 4: Helping Before Asked							
Week 5: Finishing Chores Completely							
Week 6: Kind Words to Siblings							
Week 7: Doing Right When Unseen							
Week 8: Joyful Heart Champion!							

MEMORY VERSE COPYWORK

Children, obey your parents in the Lord, for this is right. — Eph. 6:1

Parent Encouragement: Celebrate progress, not perfection! Focus on praising quick, cheerful responses so your child connects obedience with peace and trust rather than shame.